

Notice concerning the current quarantine regulations regarding Covid 19 infection Status 23.04.2021

Since 23.04.2021, new quarantine regulations concerning Covid 19 infection have been in force for North Rhine-Westphalia. The following regulations apply accordingly:

1. What to do when you have symptoms of illness

If you have a positive rapid test result, a positive self-test result or if you have a Covid 19 test (PCR test) because of symptoms of illness (e.g. a sore throat, cough, cold, fever or diarrhoea, you are obliged by law to stay in quarantine at home until you receive the test result. The health authority (Gesundheitsamt) does not order this by telephone or letter.

2. Positive test result

In case of a positive test result, you must stay in quarantine and immediately inform all persons who you had personal contact with in the four days before or the time after you had the test. This particularly applies when a distance of 1.5 metres could not be kept between you or if you were in a badly- aired room for a longer time.

The positive test result will be automatically passed on to the health authority by the doctor or test centre. After receiving the result, the health authority will then phone you. As all your contacts must be traced as quickly as possible, it would be very helpful if you had already prepared a list of the names and mobile phone numbers of the people you had been in contact with that you can give to the health authority.

In case of a positive test result, the quarantine period is 14 days after the test was done. You are not allowed to leave your home during this time. Stadt Bielefeld carries out random checks on this and breaking the quarantine regulation is punishable with a fine of up to 25,000 Euros.

You will not receive a written notice of quarantine from the health authority, therefore please give your employer the date of your positive test result for reimbursement of cost through the municipal authority responsible (Landschaftsverband).

Shortly before the end of the quarantine period, you will be phoned again by the health authority. You will be asked if you still have symptoms of illness or if there has been a lasting improvement. If you still have symptoms of illness, by arrangement with the health authority the quarantine period will be extended until you have had no more symptoms for 48 hours.

3. Members of households and contact persons

14 days in quarantine also applies for household members and people being in close contact with a person who has tested positive. Household members must stay in quarantine immediately after the test result is known. The 14-day quarantine period begins on the day the person with the positive result was tested. Household members will not receive a quarantine notification from the health authority, therefore please give your employer the date of your positive test result for reimbursement of cost through the municipal authority responsible (Landschaftsverband).

In the case of the other contact persons, the quarantine period begins with date of the last contact with the person who tested positive. You will be told the exact period of quarantine in your personal case when you are phoned by the health authority. A written notice of quarantine is given by the health authority for this group of people.

In order to rule out an infection with the Corona virus, a test should be carried out at the end of the quarantine period. Information about the time of the test and registration for it will be given to you when contacting the health authority. When the test result is negative, the quarantine period normally ends after 14 days. In this case, you will not be phoned by the health authority.

The health authority responsible decides on any exceptions from the quarantine regulations for people having been in contact with persons who have tested positive when such contact persons are considered as protected against the virus or have proof of complete vaccination against Covid 19.

If you have any questions, please contact the municipal Corona Hotline: 51 2000, Mondays to Fridays from 8 am to 6 pm.



Stadt Bielefeld
Gesundheits-, Veterinär- und
Lebensmittelüberwachungsamt